

Mon. 27 Ord.

*Antiphon*

## Jonah 2: 3,4,5,8

Kevin Galie'

You-will re-scue my life from - the pit, O - Lord - .

Mode 4 (hypophrygian), Cadence 1/9

Ionam

after Liber Usualis & Helmore, Kevin Galie'

[Out of] my distress I /called to the LORD,  
-/and he answered **me**;  
From the midst of the nether world /I cried for help,  
-/and you **heard my** voice. R.

For you cast me into the deep, into the /heart of the sea,  
and the /flood enveloped **me**;  
All your breakers and /**your** billows  
-/passed over **me**. R.

Then I said, "I am /banished from your (sight)!  
yet would I again /look upon your holy tem(ple)." R.

When my soul /fainted within (me),  
-/I **remembered** the LORD;  
My /**prayer** reached you  
-/in your holy **temple**. R.

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